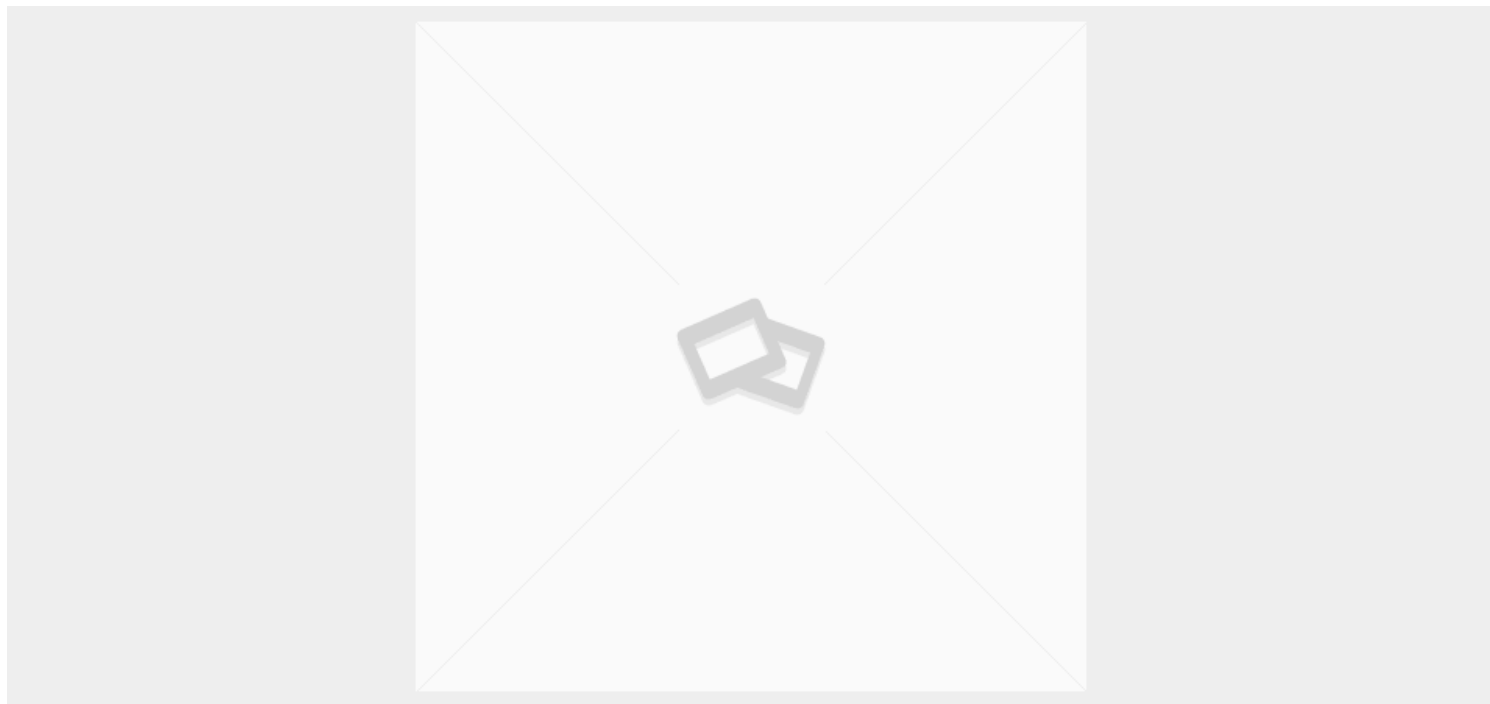


# YOGURT

*Posted on September 30, 2014 by Keghart*



Category: [Did You Know?](#)



Yogurt, which was invented in Armenia, is the corruption of the Armenian word "yugh vort" (oil/fat worm, meaning bacteria). In the late Middle Ages Armenian immigrants took dried yogurt yeast to Bulgaria where it was "discovered" by the Europeans. Since Bulgaria was under Turkish rule, Europeans assumed it was Turkish.

Yogurt, which was invented in Armenia, is the corruption of the Armenian word "yugh vort" (oil/fat worm, meaning bacteria). In the late Middle Ages Armenian immigrants took dried yogurt yeast to Bulgaria where it was "discovered" by the Europeans. Since Bulgaria was under Turkish rule, Europeans assumed it was Turkish.

